The Who's Who on your Campus

A short directory of important contacts and resources to guide you through: Student Supports and Services

Student Life

Student life isn't just about studying or achieving high grades, it is about living and navigating this new stage of adulthood. Having a healthy balance academically and personally is important for you to succeed.

You have decided to come to college for many reasons such as developing your education and career. This includes making new friends, to having new experiences as well as developing you own independence and upskilling for life.

Here in Atlantic Technological University Sligo, we have a number of different Services and Supports that can help support and guide you through this new time in your life.

These Services and Supports are open to all registered students of ATU Sligo

Student Guidebook

- Your Student Guidebook is a free downloadable guide that will help you navigate all thing ATU Sligo.
- It is updated annually so that you can keep up to date with important Campus and University wide information and changes.
- It is your A-Z on both Student and Campus life here with us at ATU Sligo.
- It has in-depth information on the different policies and procedures, Services, Supports and other relevant information for all ATU Sligo Students.
- We recommend downloading this book each year to keep up to date with important changes. <u>Click here to download</u>

Recommendations

- This quick guide is a short introduction in finding out about the Who's Who at your ATU Campus.
- Here you will find a short description of what is on offer at your local campus and how to connect with the services or supports that you might need or want to check in with during your academic career with us.
- Go to your <u>Induction page</u> or Student Portal(<u>Student Hub</u>) to find out more about the different Services and Supports available to you as a registered student of ATU Sligo



Students Union

- As a registered student of ATU Sligo you are automatically enrolled as a member of your Students Union.
- Your Students Union is called the ATUSSU Sligo
- Your Students Union are not only here to represent you and your follow students in Academic matters.
- The Students Unions is also here to help you settle into college life.
- Your Students Union Officers can help provide advice and information on Student Accommodation, SUSI, Student Assistant Fund (SAF), Student Welfare and much more.
- <u>ATU Sligo Students' Union (atussu.ie)</u>



Students Union

- Your Students Union Office is located in Student Centre Block H
 - ATU Sligo, Students' Union. Ash Lane Ballinode Sligo F91 YW50
- Email: <u>support@atussu.ie</u> Tel: <u>071 9141887</u>
- Students Union Officers: Jeremiah Egberongbe - President president@atussu.ie

Julia Bocianowska – Education Officer academiclife@atussu.ie

James McGrath – Wellbeing Officer wellbeing@atussu.ie



Students Union

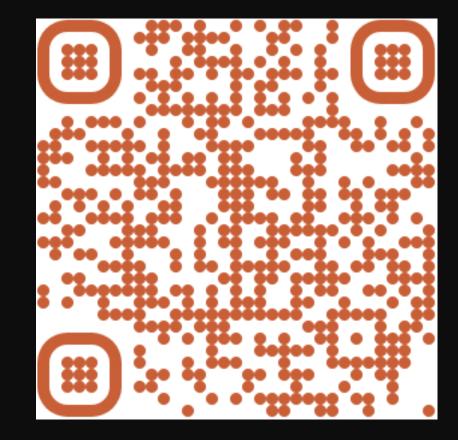
Your Part-Time ATUSU Officers are

- 1. Irish Language Officer Gabrial McAlister Carberry
- 2. Diversity and Inclusion Officer Lorraine Foley
- 3. Mature Students Officer- Shauna McHugh
- 4. International Students Officer Eliska Hribalova
- 5. Sustainability Officer- Paja Barillova
- 6. Postgraduate Students' Officer Ryan Walden

Student Portal

- Your Student Hub is your one stop shop about all things ATU Sligo.
- To help you understand the value of this free Student Resource go to the Student Portal Guide which will give you details on what it is about.
- We recommend you learn how to navigate this as you will be using it throughout your Academic Career with us.

Student Portal



Student Support Services

- Catherine McNelis is your Student Support Services Officer at ATU Sligo.
- Catherine is available to talk to you about personal, general or welfare issues that you might have.
- To talk to Catherine in private, make sure to book an appointment in advance <u>studentsupport.sligo@atu.ie</u>
- Location: The Student Centre (Block H)
- Call: 071 930 5426

Careers Office

- The Careers Office provides free information and advice to help support and guide you on your educational journey, helping you to progress your career goals.
- Careers Sessions are offered online and onsite.
- To find out more about the Careers Office and what it can offer you visit <u>Careers</u> <u>Service - Atlantic Technological University</u> <u>Sligo (itsligo.ie)</u>

Careers Officers

Adette Ring and Deborah Seddon

Location: B1003 – Main Concourse

Tel: 071 930 5403 / 071 930 5729

Email: <u>careers.sligo@atu.ie</u>

Admissions Office

- The Admissions Office provides students with information, guidance and advice on how to register, pay fees or change, transfer or withdraw from your programme.
- Admissions Helpdesk is located in Block A1006
- Contact: admissions.Sligo@atu.ie

Mental Health and Wellbeing

- Here at ATU Sligo we believe that for a student to have a productive and engaging Academic experience that you need to have a healthy balance, however we all know whether it is life, work or study sometimes we all need a little help to get us back on track or to manage the world around us.
- At ATU Sligo, we have a dedicated team onsite and online who are here to help, listen and guide you through.
- As a student of ATU Sligo you have access to our;
 - Counselling Service
 - Wellbeing
 - Health Service
 - Pastoral Care & Chaplaincy Service

Wellbeing

- The Wellbeing Team organises and promotes a wide range of initiatives throughout the academic year aimed at creating and promoting awareness around mental, physical and emotional health and wellbeing.
- Dr. Maura Finnegan Head of Student Health and Wellbeing
- Location: Student Centre (Block H)
- Email: maura.Finnegan@atu.ie
- Grace McGee Mental Health and Wellbeing Project Officer
- Location: Student Centre (Block H)
- Email: <u>wellbeing.sligo@atu.ie</u>
- Yvonne Roache Health and Wellness Officer
- Email: <u>vvonne.roache@atu.ie</u>
- Location: B1003

Health Service

- A free and confidential service that caters to the medical needs of registered students.
- The Student Health Service offers onsite and online consultations.
- To find out more about the Student Health Service
- Location: The Student Health Service is located on the ground floor of the Student Centre, beside the SU shop. (Block H)
- Email: <u>studenthealthservices.sligo@atu.ie</u>
- Phone:
 - <u>Register with the Health Service</u>

Counselling Service

- The Counselling Service is available to all registered ATU Sligo Students.
- It is a free, impartial and confidential service that provides students with a safe space to talk about any issue that may be impacting their mental health and wellbeing.
- To find out more about the Counselling Service download your free Student Guidebook or visit your Student Portal.
- The Counselling Service operates on an appointment basis. If you would like to make an appointment, please contact the service by:
- Email: studentcounsellingservices.sligo@atu.ie
- Phone: 071 9305463
- Location: Student Centre (Block H)

Pastoral Care & Chaplaincy Service

- A free confidential service that supports students in their spiritual and personal development.
- The Pastoral Care and Chaplaincy Service is here to help students especially acute adjustment such as bereavement, trauma or illness.
- Office hours : Monday- Friday: 9am-5pm
 Office Number : 071-9305215 / 085-8590471
 Email : pastoralcare.Sligo@atu.ie
- Location: Student Centre (Block H)

Access, Inclusion Diversity & Support

- There is no one size fits all when it comes to learning and living.
- We all come from different backgrounds and have different needs when it comes to life.
- Here at ATU Sligo we have a range of supports to help guide you through and connect you to services, supports and other people like you.

Access Office

- The Access Office encourages and supports students who have not been traditionally represented at higher level education.
- The Access Office caters to registered students who need to access supports like
- Student Assistance Fund (SAF)
- Laptop Scheme
- Mature Student Support
- To find out more information about the different services and supports contact

Access Office

HEAR, Student Assistance Fund Lesley Walsh Assistant Access Officer Tel: 071 9155381 <u>lesley.walsh@atu.ie</u>

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Mature Students, 1916 Bursary, Sanctuary Scholarships Linda Mc Gloin Access Officer Tel: 071 9305417 access.sligo@atu.ie

Conor Cooney Laptop lending scheme/clerical officer Connor.cooney:@atu.ie

Disability Support

Catriona Fahey Occupational Therapy Service ot.sligo@atu.ie Specific Learning Difficulties (SpLD) Andrea Rynn & Fiona Fox Learning Support Tutors Tel: 071 9305400 learningsupport.sligo@atu.ie

Disability Support Shelley Brady Disability Officer <u>disability.sligo@atu.ie</u>

Inclusion Support Linda Mulligan Inclusion Support Worker inclusionsupport.sligo@atu.ie

Learning Support

Specific Learning Difficulties (SpLD) Andrea Rynn & Fiona Fox Learning Support Tutors Tel: 071 9305400 <u>learningsupport.sligo@atu.ie</u>

Academic Writing and Maths Support

- Moving into Higher Education places different demands on your literacy levels and competencies. At this level you are being given the opportunity to expand and develop your writing and mathematics skills.
- Different programmes have demand different standards from your writing skills.
- To help you develop, identify and capture information we have two different services aimed at helping you and to guide you at every step of the way.
- Learning how to navigate these aspects of your learning can be a great stress buster!
 Saving you time and energy.

Academic Writing Centre

- The AWC is free and open to all ATU Sligo Students.
- AWC can help support students to develop and improve their academic writing skills.
- It offers students access to free online resources to help support, develop and guide you in your studies.
- Visit <u>www.atu.ie/sligo-writing-centre</u> to book 1:1 onsite or virtual sessions with John or Aoife.
- Location: Library Ground Floor (Block A)

Maths Support Centre

- The MSC provides support and offers free guidance to all students needing help with mathematical aspects of their programme.
- The MSC can provide 1:1 onsite and online sessions. They also provide free maths related information and downloads to science, business and engineering students via Moodle.
- You can drop into the Maths Support Centre located on the ground floor in the Library.
- For private sessions appointments must be booked in advance.
- Contact <u>mesc.sligo@atu.ie</u> to find out more
- Location: Library Ground Floor (Block A)

Yeats Library

- The Yeats Library is centrally located within the Main Campus at ATU Sligo.
- The library provides resources and study spaces to help you with your studies.
- Staff are on hand to provide information and guidance on how to use the different free resources available to you as an ATU Sligo student.
- You will need your student number to access the services and resources of the library.
- To sign up and find out more <u>click here</u>
- Location: Blocks A and B (Main Entrance)

International Office

- The International Office offers information, guidance and support to registered ATU Sligo students who might want to study abroad as part of their educational experience.
- The International Office also supports student coming into ATU Sligo from other countries, creating a vibrant international community on campus.
- To make contact with the International Officer <u>click here</u>
- To find out more <u>click here</u>
- Location: Block B

Student Success Office

- Dr. Perry Share is the Head of the Office for Student Success.
- The Student Success Office works closely with Atlantic Technological University Departments working to deliver a more enhanced student experience for potential and existing students to succeed in their studies.
- The Student Success Office helps to identify key strategies and actions across the university and looks closely at issues that affects student success such as progression, retention, student experience, academic integrity and more.
- Email: perry.share@atu.ie

Saoirse Kennedy Student Success Officer Atlantic Technological University - Sligo



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Atlantic Technological University